



Workplace First Aid

Certification and Recertification Programmes

A practical, hands-on course designed to help the First Aider understand what they are doing and why, with emphasis being placed upon skills required to provide first aid, perform resuscitation if required, and manage the incident, injury and/or illness until more advanced help arrives at the scene.

Units	COURSE OUTLINE – At the completion of this course students will be able to	Level	Credit
6402	Provide resuscitation level 2	1	1
6401	Provide First Aid until help arrives	2	1
6400	Manage first aid in emergency situations	3	2

Workplace Initial	Duration	Venue	Fee Per Person
US 6400, 6401, 6402	< 16 Hours	Within agreed workplace or training facility	\$150.00 GST Inc

Applies to those persons who have **not** previously completed an approved First Aid course **or** have attended such a course **but** attendance was over 2 years 3 months ago or have not been awarded US 6400,6401 & 6402.

Workplace Refresher	Duration	Venue	Fee Per Person
US 6400* 6401, 6402	< 8 Hours	Within agreed workplace or training facility	\$80.00 GST Inc

Applies to those persons who have previously completed an approved First Aid course **and** who will attend the refresher course **within** 2 years 3 months of the initial course. Those taking the REFRESHER COURSE must have an expired First Aid Certificate not older than **three months** and **hold US 6400, 6401 & 6402**. Evidence of completion of a First Aid qualification will be taken from the students NZQA "Record of Achievement".

TRAINING – As a guide this course consists of a mixture of instruction, facilitated discussion and practical simulated emergency scenarios over between 8 – 16 hours but can be completed in a shorter timeframe if candidates are deemed to be competent in the required skills.

Delivery includes supported pre-course distance learning, audio visual sessions and practical simulated emergency scenarios which will help develop the skills and knowledge required to provide first aid and perform resuscitation if required.

ASSESSMENT – An individual's competency will be assessed against Unit Standard performance criteria and NZ Resuscitation Guidelines using various assessment methods including answering questions whilst demonstrating practical Resuscitation and First Aid techniques in simulated emergency situations. Individuals become certified as competent First Aiders by being assessed.



CERTIFICATION – Participants who are deemed competent will receive a **Level 2 Resuscitation** and **First Aid** certificate and be credited with the above unit standards to validate that they have received structured training in accordance with the NZ Resuscitation Council Guidelines pursuant to the requirements of the Health & Safety in Employment Act, Regulations and associated Amendments.

CURRENCY - It is recommended that a Course in CPR be completed within 12 months. First aid unit standards are issued by the NZQA and are lifetime awards. First aid certificates are valid for a period of 2 years from the date of issue.

**MEET YOUR STATUTORY OBLIGATIONS WITH THIS
"ONE STOP" WORKPLACE LIFE SAFETY PROGRAMME**

For more information or registration contact our office via the following: