



# Workplace First Aid

## Level 2 Certification / Recertification Programme

**FOR** - This course is for Workplace first aiders, and those with a current first aid certificate that has expired (i.e. is more than 2 years & 3 months old) who need a first aid certificate as part of their employment conditions.

**COURSE AIM** - To provide course participants with the necessary knowledge, understanding and skills to enable them to provide lifesaving emergency care at work and home, including performing Resuscitation Level 2, External Defibrillation (AED) and First Aid until advanced medical aid arrives.

**NZQA** - This course is a practical based programme that uses predominantly hands on adult learning techniques to meet identified learning outcomes of the following unit standards:

Units	Description	Level	Credit	Version
26551	Provide first aid for life threatening conditions	2	1	1
26552	DKO common first aid conditions and how to respond to them	2	1	2
6400	Manage first aid in emergency situations	3	2	4

Date	Duration	Venue
Weekday, Weekend, During Shifts or Shutdowns	2 Days, 0830 - 1700 Hours	On-Site

**PREREQUISITES** - There are no prerequisites. The expected duration to complete this face to face course is 12 - 16 hours

**COURSE FEES** - This service is delivered on a **Flat Fee** for this service basis, at a cost of \$1400 + GST per course, for up to 14 staff at your site. This fee covers the cost of professional tuition, assessment, use of equipment, certificates & reporting of credits to NZQA. A travel and accommodation surcharge will apply for bookings outside of Hawke's Bay.

**COMPETENCIES TO BE ACHIEVED DURING THE TRAINING** - By the end of the course you should be able to:

- Assess the scene and manage work environment emergency situations
- Respond to life-threatening emergencies and provide primary care, secondary assessment and first aid
- Administer CPR for an Adult, Child and Infant and use an Automated External Defibrillation and Bag Valve Mask
- Administer obstructed airway management for a conscious Adult, Child and Infant
- Administer first aid to somebody with common first aid injuries and life-threatening medical conditions

**EXERCISES** - Due to the practical nature of the course, participants are advised to wear comfortable casual attire.

**ASSESSMENT** - Progressive theory and practical assessments throughout the course, based on the NZQA assessment criteria of each unit standard, including oral questions relating to underpinning knowledge and practical resuscitation and first aid skills in line with the New Zealand Resuscitation Council Guidelines.

**CERTIFICATION** - Participants who are deemed competent against the NZQA assessment criteria of each unit standard, will be awarded an **Workplace First Aid Certificate** which is valid for 2 years, and be credited with the above unit standards on their NZQA Record of Achievement to validate that they have received structured Resuscitation Level 2, AED and First Aid training in accordance with the NZ Resuscitation Council and Department of Labour Guidelines.

**WHY CHOOSE US AS YOUR TRAINING PROVIDER?** - As a private Fire Service and Tertiary Education Organisation, Fire & Rescue New Zealand has over 16 years' experience in the delivery of on-site fire extinguisher, fire fighting, first aid, confined space, breathing apparatus, height safety and rescue training and assessment services. Our training services are tailored to meet the needs of your business, and they are taught by professional fire fighters with real life operational experience in fire and medical emergencies.

**BOOKINGS** - For further details regarding advice or to book this course please contact Captain Simon Osborne by email [simon@fire-rescue.ac.nz](mailto:simon@fire-rescue.ac.nz) or FREE phone 0800 347 398 or TXT 021 712 180 or Skype [pyro-kiwi](https://www.skype.com/en/contacts/pyro-kiwi)

## ENJOY TOMORROW, BY ACTING SAFELY TODAY!

After all, the last thing you want to do is end up getting your fingers burnt!